How, When & Where to Share

# Health Messages of Muscadines

ANGELA BENDORF JAMISON





• The health benefits of muscadine grapes have been known for many years, but in the last five years research is revealing even more--particularly the positive effects muscadine grape extract has on prostate and breast cancers.

• There's no better time to share this information.



## Why Now?

•Public more receptive to health news about natural products – thank you, CBD!

•Nutraceuticals also growing in popularity. They're derived from food sources with extra health benefits in addition to basic nutritional value found in foods.

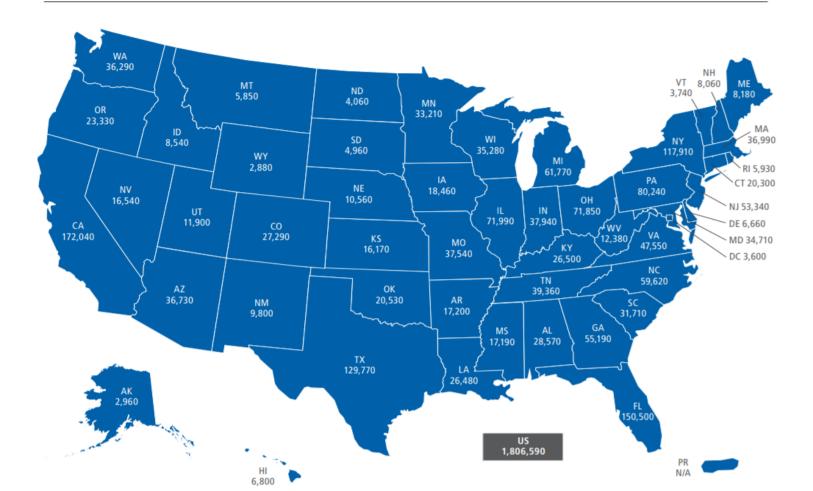
#### Is CBD the Next Big Thing?

Major U.S. retailers have high hopes for CBD sales in oils, creams and gummies





#### Cancer Facts & Figures 2020 1.8 Million New Cancer Diagnoses 606,520 cancer deaths in the US.



#### Not Just Older Americans

In 2020, there will be approximately **89,500** cancer cases diagnosed and about **9,270** cancer deaths in **adolescents and young adults** ages 15 to 39 years.



#### Who Should Share the Muscadine Message?

- •Everyone in the muscadine grapes industry
- Anyone who's livelihood depends upon muscadine grapes
- •Needs to go beyond the NC Muscadine Grape Association and the wineries.



## 2018 Consumer Study

Strength of consumer beliefs about the positive health benefits of muscadine grapes is positively associated with buying muscadine wine.

 --2018 Consumer Drivers of Muscadine Wine Purchase, University of North Carolina at Greensboro



### How to Share the Muscadine Message

- •Keep it simple
- Make it understandable
- Stick with the facts
- Don't overexaggerate



#### Messaging: Keep it simple and understandable

- •Muscadine grape seeds and skins are rich in polyphenols-potent antioxidants.
- •Wake Forest University School of Medicine researchers are studying the effect of muscadine grape extract (MGE) on breast cancer and prostate cancer.
- •Animal studies show that MGE:
  - -Reduces tumor growth in a number of cancer types
  - -Prevents cancer from spreading
  - -Improves fatigue, boosts energy



#### Messaging

- Studies and clinical trials continue with additional research on heart health and other diseases.
- •Find more information here...

(NCMGA website, your company's website)



#### Personalize the Message

- Add human interest/emotion to the science
- •Make it relatable and memorable
- •Make it your own
- •Examples of how you've personalized muscadine messages you share?



## Where to Share: From the NCMGA

- A page on website dedicated to research and health benefits that members can go to for information and link to.
- •A rack card with recent health research & findings
- Articles members can use on their websites & in newsletters.
- Social media posts & graphics highlighting health benefits and research

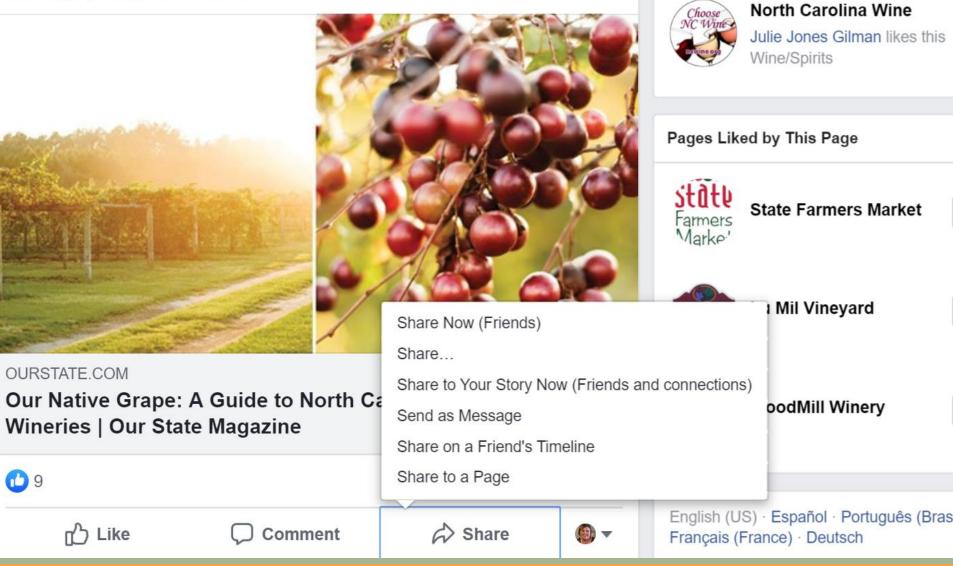


## Sharing Social Media Posts

- •Encourage & educate members to share social media posts from NCMGA on their pages
- •Be sure you LIKE and FOLLOW the Association's social media pages



Have you seen the article about muscadines in the new September issue of Our State magazine? Pick up a copy of the magazine -- it's a keeper, for sure! Here's the online version of the article. https://www.ourstate.com/ournative-grape-a-guide-to-north.../



Locklear Vineyard & W...

Debbie Hamrick likes this Winery/Vineyard

### Where to Share: With Customers

- Add to your company's website
- •Make posters to hang in your store
- Talk about muscadine health benefits on tours
- •Speak to civic & service organizations (Rotary)



Interactive booth or games about health benefits & messaging at Muscadine Festival and other similar events. Make it fun and memorable!

Photo credit: www.ncmuscadinefestival.com

## Where to Share: With the Media

- Send a news release or contact your local newspaper/TV/Radio stations
- •Write a Letter to the Editor or Opinion piece and submit to newspaper



## What other ways can you share (or have you shared) muscadine health messages?





Anytime positive information becomes available about muscadine grapes, these messages should be developed by the NCMGA--for clarity and consistency--then shared by everyone to reach the public and help grow the industry.

# **Questions?**



#### Connect with Angela

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